

**2016-2017**  
**Extracurricular and Athletic Rules & Code of Conduct**

The Athletic Code applies to all students who want to participate in athletics. Athletics includes competitive sports, extracurricular activities, cheerleading and dance. This code applies in addition to other rules and regulations concerning student conduct and imposes additional requirements on student athletes and cheerleaders.

Participation in athletics is a privilege. Those who participate in athletics have a responsibility to favorably represent the school and community. Student athletes are expected to conduct themselves both in and out of school in a manner appropriate to their responsibilities as representatives of the school and district. If a student fails to comply with the terms of this code, the privilege to participate in athletics may be lost in accordance with the terms of this Athletic Code.

**IHSA [or] IESA**

Eligibility for most athletics is also governed by the rules of the Illinois High School Association [or] Illinois Elementary School Association and, if applicable, these rules will apply in addition to this Athletic Code. In a case of a conflict between IHSA [or] IESA and this Athletic Code, the most stringent rule will be enforced.

**Eligibility**

Students who wish to participate in various extra-curricular activities must maintain an overall C average, in all graded subjects. Further, a student cannot be failing any subject. The failure to maintain this average will result in a student not being able to participate in any extra-curricular activity. Students who are ineligible cannot attend any extra-curricular activity. Students will not be allowed to practice if they are ineligible, but will work on their homework. Students who are ineligible for 3 weeks during the season will be dismissed from the team. Code of conduct is a part of Extra-Curricular Activities that all Athletes must sign.

Eligibility is accumulative throughout each semester. Eligibility is calculated on Monday or the first day of school following Friday or the last day of school the previous week. Students not found eligible will be unable to participate that week (Monday – Saturday). Eligibility may be restored the following week with improved grades. Participation in an extra-curricular activity is a privilege not a right.

**Requirements for Participation**

An athlete/student must have the following fully executed documents on file at the school office before being allowed to participate in any activity:

1. A current certificate of physical fitness issued by a licensed physician, an advanced practice nurse or physician assistant. The preferred certificate of physical fitness is the Illinois High School Association's "Pre-Participation Physical Examination Form".
2. Proof the athlete is covered by medical insurance; and
3. A permission slip to participate in the specific sport or activity signed by the student's parent/guardian; and
4. An activity fee for each sport must be paid to the office; and
5. A receipt showing the athlete and his/her parents received a copy of the Athletic Code, understand the terms of the Athletic Code and agree to abide by its terms and conditions.
6. A signed agreement by the student not to ingest or otherwise use any drugs on the IHSA's most current banned substance list (without a written prescription and medical documentation provided by a licensed physician who performed an evaluation for a legitimate medical condition) and a signed agreement by the student and the student's parent/guardian agreeing to IHSA's Performance-Enhancing Substance Testing Policy.
7. Signed documentation agreeing to comply with the School District's policies and procedures on student athletic concussions and head injuries.

## Behavioral Conduct

Misconduct by student-athletes will not be tolerated. Misconduct shall include but shall not be limited to:

- a. Insubordination
- b. Any behavior or action which is negligently or intentionally injurious to a person or property or which places a person or property at risk of injury or damage.
- c. Any behavior which disrupts the appropriate conduct of a school program or activity.
- d. You are to attend and be punctual to all activities, this includes home and away activities and practices unless prearranged with the coach/sponsor, or absent from school.
- e. Behave in a manner that is detrimental to the good of the group or school.
- f. Curfew will be 11:00 p.m. on school nights. 12:00 midnight on weekends and 10:00 p.m. nights before a contest.
- g. Appearance must be neat and must not be distracting.
- h. Hazing, bullying, or harassment of any kind.
- i. Exhibition of bad sportsmanship.
- j. Violation of any school rules or regulations or law.
- k. Violate the written rules for the activity or sport.
- l. Falsify any information contained on any permit or permission form required by the activity or sport.

*Hazing* is any humiliating or dangerous activity expected of a student to belong to a team or group, regardless of his or her willingness to participate. *Bullying* includes cyber-bullying (bullying through the use of technology or any electronic communication) and means any severe or pervasive physical or verbal act or conduct, including communications made in writing or electronically, directed toward a student or students that has or can be reasonably predicted to have the effect of one or more of the following:

1. Placing the student or students in reasonable fear of harm to the student's or students' person or property;
2. Causing a substantially detrimental effect on the student's or students' physical or mental health;
3. Substantially interfering with the student's or students' academic performance; or
4. Substantially interfering with the student's or students' ability to participate in or benefit from the services, activities, or privileges provided by a school.

Examples of prohibited conduct include name-calling, using derogatory slurs, stalking, sexual violence, causing psychological harm, threatening or causing physical harm, threatened or actual destruction of property, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above.

## Due Process Procedures

Students who are accused of violating the Code of Conduct are entitled to the following due process:

1. The student should be advised of the disciplinary infraction with which he or she is being charged.

2. The student shall be entitled to a hearing before an appropriate administrator or coach.
3. The student will be able to respond to any charges leveled against him or her.
4. The student may provide any additional information he or she wishes for the administrator or coach to consider.
5. The administrator or coach, with the help of other staff members if needed, may interview material witnesses or others with evidence concerning the case.
6. If the administrator or coach finds, after reviewing the evidence, that the violation occurred, he or she will impose sanctions on the student, as follows:

Violation will result in the following disciplinary action.

- A. First Offense – The student will be denied participation for twenty percent of that season's competition or activity (participant must attend practices and games).
- B. Second Offense – Dismissal from that activity/sport season without receiving awards or recognition.
- C. Third Offense – The student will be denied participation in all athletics/activities for one calendar year.

The student may appeal the decision to the building principal.

All students remain subject to the district's student discipline policy and/or the school's student handbook and the disciplinary measures listed in them.

Coaches and school officials will impose disciplinary measures appropriate to the offenses committed. The discipline imposed for any particular offense shall be at the sole and exclusive discretion of the coaching staff and school officials.

Students and their parents/guardians are encouraged to seek assistance from the student assistance program regarding alcohol or other drug problems. Family-referrals or self-referrals will be taken into consideration in determining consequences for Code of Conduct violations.

#### Drugs, Alcohol and Tobacco

Except with respect to prescription drugs used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug, drug paraphernalia, controlled substance, look alike, tobacco or tobacco product or any other substance which, when taken into the human body is intended to enhance performance or alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. This prohibition shall include all school sponsored or school related activities, whether held before or after school, evenings or weekends and shall additionally include a prohibition of use by a student athlete in any instance where the school can demonstrate a reasonable connection to the school program or school athletic program. For purposes of this procedure, students who are under the influence of prohibited substances shall be treated in the same manner as though they had prohibited substances in their possession.

#### Student Athlete Concussions and Head Injuries

Student athletes must comply with Illinois' Youth Sports Concussion Safety Act and all protocols, policies and bylaws of the Illinois High School Association before being allowed to participate in any athletic activity, including practice or competition.

A student who was removed from practice or competition because of a suspected concussion shall be allowed to return only after all statutory prerequisites are completed, including without limitation, the School District's return-to-play and return-to-learn protocols.

A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or game will be removed from participation or competition at that time. A student athlete who has been removed from an interscholastic contest for a possible concussion or head injury may not return to that contest unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer. If not cleared to return to that contest, a student athlete may not return to play or practice until the student athlete has provided his or her school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.

Code of Conduct Enforcement Time Frame

The rules set forth in this Athletic Code are in effect throughout the school year from the first practice session for any particular sport during a particular school term until the last day of that sport or until the last day of the school term whichever comes last and twenty-four hours a day, whether or not school is in session and including vacation periods, and holidays.

Absence from School on Day of Activity

Students must miss no more than 2 class periods in order to participate in an extra-curricular activity that day, unless previous arrangements have been made with the building principal. Students who leave school due to illness are not eligible to participate in any extra-curricular activity that day.

An athlete who is absent from school on a Friday before a Saturday event may be withheld from Saturday activities at the sole discretion of the coach.

Travel

All athletes shall travel to athletic events and return home from athletic events with the team on which the athlete competes by use of school approved means of transportation. A written waiver of this rule may be issued by a coach or administrator upon advance written request of an athlete's parent or guardian and provided the parent or guardian appears and accepts custody of the athlete. Oral requests shall not be honored and oral permissions shall not be valid.

Any student athlete found to be in violation of this policy shall be subject to discipline in accordance with the school district's athletic discipline policies, rules and regulations as provided herein.

I have read and agree to uphold the school district's Athletic Rules and Code of Conduct.

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Student Name  
(Please Print)

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Parent/Guardian Name  
(Please Print)

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Student Signature

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Parent/Guardian Signature

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Date

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Date