

|             |              |               |                                      |            |               |                        |
|-------------|--------------|---------------|--------------------------------------|------------|---------------|------------------------|
| <b>Last</b> | <b>First</b> | <b>Middle</b> | <b>Birth Date</b><br>Month/Day/ Year | <b>Sex</b> | <b>School</b> | <b>Grade Level/ ID</b> |
|-------------|--------------|---------------|--------------------------------------|------------|---------------|------------------------|

**HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER**

|   |  |    |   |      |    |
|---|--|----|---|------|----|
| <b>ALLERGIES</b> (Food, drug, insect, other)  |  |    | <b>MEDICATION</b> (List all prescribed or taken on a regular basis.)  |      |    |
| Diagnosis of asthma?  | Yes  | No | Loss of function of one of paired organs? (eye/ear/kidney/testicle)   | Yes  | No |
| Child wakes during night coughing?  | Yes  | No | Hospitalizations? When? What for?   | Yes  | No |
| Birth defects?  | Yes  | No | Surgery? (List all.) When? What for?  | Yes  | No |
| Developmental delay?  | Yes  | No | Serious injury or illness?  | Yes  | No |
| Blood disorders? Hemophilia, Sickle Cell, Other? Explain.   | Yes  | No | TB skin test positive (past/present)?   | Yes* | No |
| Diabetes?   | Yes  | No | TB disease (past or present)?   | Yes* | No |
| Head injury/Concussion/Passed out?  | Yes  | No | Tobacco use (type, frequency)?  | Yes  | No |
| Seizures? What are they like?   | Yes  | No | Alcohol/Drug use?   | Yes  | No |
| Heart problem/Shortness of breath?  | Yes  | No | Family history of sudden death before age 50? (Cause?)  | Yes  | No |
| Heart murmur/High blood pressure?   | Yes  | No | Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate Other |      |    |
| Dizziness or chest pain with exercise?  | Yes  | No | Information may be shared with appropriate personnel for health and educational purposes.                   |      |    |
| Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____ | <b>Parent/Guardian Signature</b> _____ <b>Date</b> _____ |    |   |      |    |
| Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)   |  |    |   |      |    |
| Ear/Hearing problems?   | Yes  | No |   |      |    |
| Bone/Joint problem/injury/scoliosis?  | Yes  | No |   |      |    |

**PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA**  
**HEAD CIRCUMFERENCE if <2-3 years old**      **HEIGHT**      **WEIGHT**      **BMI**      **B/P**

**DIABETES SCREENING** (NOT REQUIRED FOR DAY CARE) **BMI>85% age/sex** Yes  No  And any two of the following: **Family History** Yes  No   
**Ethnic Minority** Yes  No  **Signs of Insulin Resistance** (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes  No  **At Risk** Yes  No

**LEAD RISK QUESTIONNAIRE** Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)

**Questionnaire Administered?** Yes  No       **Blood Test Indicated?** Yes  No       **Blood Test Date** \_\_\_\_\_      **Result** \_\_\_\_\_

**TB SKIN OR BLOOD TEST** Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines.      **No test needed**       **Test performed**

**Skin Test:** Date Read / /      **Result:** Positive  Negative       mm \_\_\_\_\_

**Blood Test:** Date Reported / /      **Result:** Positive  Negative       Value \_\_\_\_\_

| LAB TESTS (Recommended)  | Date | Results | Date                         | Results |
|--------------------------|------|---------|------------------------------|---------|
| Hemoglobin or Hematocrit |      |         | Sickle Cell (when indicated) |         |
| Urinalysis               |      |         | Developmental Screening Tool |         |

| SYSTEM REVIEW  | Normal | Comments/Follow-up/Needs   | Normal                    | Comments/Follow-up/Needs |
|--|--------|--|---------------------------|--------------------------|
| <b>Skin</b>  |        |  | <b>Endocrine</b>          |                          |
| <b>Ears</b>  |        |  | <b>Gastrointestinal</b>   |                          |
| <b>Eyes</b>  |        | Amblyopia Yes <input type="checkbox"/> No <input type="checkbox"/> | <b>Genito-Urinary</b>     | LMP                      |
| <b>Nose</b>  |        |  | <b>Neurological</b>       |                          |
| <b>Throat</b>  |        |  | <b>Musculoskeletal</b>    |                          |
| <b>Mouth/Dental</b>  |        |  | <b>Spinal Exam</b>        |                          |
| <b>Cardiovascular/HTN</b>  |        |  | <b>Nutritional status</b> |                          |
| <b>Respiratory</b>   |        | <input type="checkbox"/> Diagnosis of Asthma                       | <b>Mental Health</b>      |                          |
| Currently Prescribed Asthma Medication:<br><input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist)<br><input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid) |        |  | <b>Other</b>              |                          |

**NEEDS/MODIFICATIONS** required in the school setting      **DIETARY** Needs/Restrictions \_\_\_\_\_

**SPECIAL INSTRUCTIONS/DEVICES** e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup

**MENTAL HEALTH/OTHER** Is there anything else the school should know about this student?  
 If you would like to discuss this student's health with school or school health personnel, check title:  Nurse  Teacher  Counselor  Principal

**EMERGENCY ACTION** needed while at school due to child's health condition (e.g. seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?  
 Yes  No  If yes, please describe.

On the basis of the examination on this day, I approve this child's participation in \_\_\_\_\_ (If No or Modified please attach explanation.)

**PHYSICAL EDUCATION** Yes  No  Modified       **INTERSCHOLASTIC SPORTS** Yes  No  Limited

Print Name \_\_\_\_\_ (MD,DO, APN, PA) Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

(Complete Both Sides)